

# Winter Belly Dance Classes!

## We Be Habibi

Beginner

Habibi means darling, sweetheart, baby. No experience needed in this beginner level belly dance class. All ages, sizes, and shapes welcome. Come with a friend and have some fun this winter learning the building blocks of belly dance including a short routine!

**Mondays • 7:15pm-8:45 • Feb 6 - Mar 5**

**Tuesdays (with Emelita) • 5:45-7:15pm • Feb 7 - Mar 6**

## Azhar We Are

Intermediate

Azhar means blossom, flower, bud. This class is for those flowers who are comfortable with the building blocks of belly dance, including hip drops and isolations. The Azhar curriculum includes six topics, covered over two years, and includes two group recital options. *This Winter Session is a pre-recital prep session. Preview choreography to be featured in the May 20th recital and decide if you'd like to partake in the experience yourself!*

TOPIC: Chiftitelli: hands, arms, and isolations; drum: locks, pops, hip-work

**Tuesdays • 7:30-9:00pm • Jan 3 - Mar 6**

## Ghawazi Gals

Advanced group performance

Layering movements as the Egyptian Ghawazi dancers do, this class warms up with layers of shimmies. Advanced zill skills are needed for this class as well as solid isolations and traveling steps.

TOPIC: Layering: hands, arms, shimmies; isolations

**Mondays • 5:45-7:15pm • Jan 2 - Mar 5**

**No class Jan 30 • Make up: Wed Feb 15, 5:45-7:15pm**

## Sabaya! Belly Dance Sisters of the Sand

Troupe

This class focuses on group dancing using advanced Oriental and folkloric choreography. Performances will be scheduled seasonally. Entrance to this class is audition-based.

**Thursdays • 7:30-9:00pm • Jan 5 - Mar 8**

**No class Feb 2 • Make up: Wed Mar 7, 7:30-9:00pm**

## Belly Blast

Mixed level

This festive one-hour format for achieving and maintaining fitness includes a full body warm-up, an easy-to-follow belly dance party, and a gentle cool-down. Experienced dancers will love the mini combos and drilling. New dancers will enjoy being exposed to belly dance in a party atmosphere. Participants should bring water, a hand towel, and a mat.

**Tuesdays • 5:45-6:45pm • 1/3 - 3/6 @ The Alley Theater\***

**No class Jan 24 & 31 • Make up: Sat Feb 11, 10am-12pm**

**Fridays • 9:30-10:30am • Jan 6 - Mar 9**

**No class Feb 3 • Make up: Sat Feb 11, 10am-12pm**

\*The Alley Theater is located at 133 Centre St. Middleboro, behind the Burt Wood School of Performing Arts

Ancient Art Studios • 590 Berkley Street • Berkley, MA 02779 • (508) 822-6449 • [www.ancientartstudios.com](http://www.ancientartstudios.com)



## New! SerpenTEEN

Teen only

Teens learn traveling, stationary, and accent moves of belly dance while being introduced to the music, props, and folk dances of the Middle East which contribute to belly dance. All sizes and shapes welcome and celebrated in the wonderful world of the SerpenTEEN belly dance class.

**Tuesdays 4:30-5:30pm • Feb 7-Mar 6 @ The Alley Theater\***

## Back by popular demand...

Acting Techniques for Enhancing  
Belly Dance Performance

High Intermediate - Professional

Dance drills mixed with acting and directing exercises will revolutionize how you approach every phrase of dance - no matter the setting or goal of the performance.

Pre-reqs: ability to pick up short choreographed phrases, sufficient vocabulary to create and improvise short passages within guidelines, experience with performing solo, classroom etiquette.

**Thursdays • 6:00 - 7:30pm • Jan 5 - Mar 8**

**No class Feb 2 • Make up: Wed Mar 7, 6:00 - 7:30pm**

Mark your calendar for Feb 26:

Ballet for Belly Dancers Workshop by Aurel

Shimmy Shack live band show Feb 26 - open to public!

Visit [www.ancientartstudios.com](http://www.ancientartstudios.com) for info!

### Register now for discounts on 10-week dance classes!

- **Repeat Students:** \$159 before Dec 29, \$179 after.
- **Double-Take:** 2 classes p wk: \$278 before Dec 29, \$318 after.
- **New Students:** \$159 plus enjoy \$10 in Belly Bucks.
- **New Trio:** Party of 3 or more new students: \$149 p. student (\$10 discount)

### Payment in full preferred. Payment Plan available:

\$80 min deposit required at sign-up; balance due by week 4.

To pay via credit card or PayPal, call or visit Ancient Art Studios - address below